Primary Skills for Primary Care Providers

ESSENTIALS OF PRIMARY CARE PSYCHIATRY CONFERENCE

January 24-25, 2020
Newport Beach Marriott
Newport Beach, CA

Speakers
National experts and authors who practice and teach in both primary care and psychiatric settings.

Topics
AMPS primary care psychiatric assessment, mood/anxiety disorders, personality, psychosis, substance misuse, pain management, and more.

Schedule
Two full days of didactics and interactive small group discussions with faculty to discuss cases and ask questions.

This activity has been approved for AMA PRA Category 1 Credits™.

Register: www.calpsych.org/conferences
Lila Schmall at 800-772-4271 or lila-schmall@calpsych.org
Sponsored by the California Psychiatric Association and the University of California, Irvine
**Course Description**

This two-day conference for primary care physicians and other health providers will integrate recent scientific data with current clinical practice regarding Mood and Anxiety Disorders, Substance Misuse, Personality Disorders, Collaborative Care, Pain Psychiatric Management and How to do a Primary Care Psychiatric Interview.

**Target Audience**

Primary care physicians and allied health professionals interested in mental health.

**Educational Need**

Primary care providers have not been trained on the diagnosis of depression within a primary care/medical setting. While guidelines for treatment of depression within primary care exist, many providers are uncomfortable implementing them due to perceptions of risk and stigma.

**Syllabus**

The syllabus will be available to pre-registered attendees via PDF (Drop Box) prior to the conference to download and print. Hard copies will NOT be available for purchase.

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**SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00-8:00 am</td>
<td>Registration, Continental Breakfast, Exhibits</td>
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<tr>
<td>8:00-9:00 am</td>
<td>Welcome-Robert McCarron, DO and Sharon Suo, MD</td>
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<td></td>
<td><strong>Practical Approaches to Doing a Primary Care Psychiatric Assessment</strong></td>
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<tr>
<td>9:00-10:00 am</td>
<td><strong>Personality Disorders in Primary Care—Just What You Need to Know</strong></td>
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<tr>
<td></td>
<td>Shannon Suo, MD</td>
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<tr>
<td>10:00-10:15 am</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>10:15-11:45 am</td>
<td><strong>Mood Disorders: Diagnosis and Treatment Considerations</strong></td>
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<tr>
<td></td>
<td>Shawn Hersevoort, MD</td>
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<tr>
<td>11:45-12:30 pm</td>
<td>Lunch Provided/Visit Exhibits</td>
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<tr>
<td>12:30-2:00 pm</td>
<td><strong>Anxiety Disorders: Diagnosis and Treatment Considerations</strong></td>
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<tr>
<td></td>
<td>Jaesu Han, MD</td>
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<tr>
<td>2:00-2:15 pm</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>2:15-3:30 pm</td>
<td><strong>Breakout Case Discussions</strong></td>
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<td></td>
<td>Co-Morbid Management of Mood Disorders</td>
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<td></td>
<td>Shawn Hersevoort, MD; Anju Hurria, MD</td>
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<td></td>
<td>Management of Substance Use Disorder</td>
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<td></td>
<td>Lorin Scher, MD; John Onate, MD</td>
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<td>Treating the Anxious Patient</td>
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<td>Jaesu Han, MD; Amir Ramezani, MD</td>
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<td></td>
<td>Management of Chronic Pain/Somatic Symptom Disorder</td>
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<td></td>
<td>Matthew Reed, MD; Robert McCarron, MD</td>
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<td>3:30-3:45 pm</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>3:45-5:00 pm</td>
<td><strong>Repeat Breakout Case Discussions</strong></td>
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<td>(1.25 CME)</td>
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### Schedule

**Saturday, January 25, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30-8:00 am</td>
<td>Continental Breakfast, Exhibits</td>
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<tr>
<td>8:00-9:00 am</td>
<td><strong>Psychiatry and Chronic Pain Management</strong> (1.0 CME) Matthew Reed, MD</td>
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<tr>
<td>9:00-10:00 am</td>
<td><strong>Substance Misuse: Update on Assessment and Treatment</strong> (1.0 CME) Glen Xiong, MD</td>
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<tr>
<td>10:00-10:30 am</td>
<td>Visit Exhibits/Break</td>
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<tr>
<td>10:30-11:30 am</td>
<td><strong>Psychotic Disorders: Diagnosis and Treatment Considerations</strong> (1.0 CME) Lorin Scher, MD</td>
</tr>
<tr>
<td>11:30-12:30 pm</td>
<td><strong>Somatic Symptom Disorder</strong> (1.0 CME) Robert McCarron, DO</td>
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<tr>
<td>12:30-1:15 pm</td>
<td>Lunch Provided/Visit Exhibits</td>
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<tr>
<td>1:15-2:30 pm</td>
<td><strong>Breakout Case Discussions</strong> (1.25 CME) Co-Morbid Management of Mood Disorders Shawn Hersevoort, MD; Anju Hurria, MD</td>
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<td>Visit Exhibits/Break</td>
</tr>
<tr>
<td>2:45-4:00 pm</td>
<td><strong>Repeat Breakout Case Discussions</strong> (1.25 CME)</td>
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**Total: 14 CME**

### Learning Objectives

At the conclusion of this activity, the participant should be able to:

- Effectively screen for depression in a primary care setting
- Implement evidence-based treatment for depression
- Identify when it is appropriate to seek mental health consultation/referral
- Effectively screen for substance misuse
- Utilize motivational interviewing to assess readiness for change and activate motivated patients along the continuum of change behavior
- Identify evidence-based treatments available in primary care settings for substance misuse disorders
- Engage mental health colleagues in collaborative care within existing models of health care delivery
- Develop/adapt new models of care to integrate mental health care into primary care settings
- Review and compare the DSM IV and DSM 5 diagnostic criteria for disorders related to somatization
- Discuss evidence-based management for somatic symptom disorders and review the core features of cognitive behavioral therapy
- Understand the importance of screening for other psychiatry disorders when considering management for somatic symptom

### CME Evaluation

Please be sure to complete the Evaluation Survey in order to receive appropriate credit. We will send you an email with the survey at the end of the conference.

### Exhibitors

Please show our exhibitors how much you appreciate their support by spending time with them to learn about their products and services.
Accreditation

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and the California Psychiatric Association. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The University of California, Irvine School of Medicine designates the live activity for a maximum of 14 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

AMA PRA Category 1 Credits™ can be used by multidisciplinary team members:

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report a maximum of 14 hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission of Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Psychologists: You may petition the California Board of Psychology for CE credit for this symposium. Please see http://www-psychology.ca.gov/licensees-ce_reporting_form.pdf for details.

Hotel Reservations

900 Newport Center Drive
Newport Beach, CA 92660
877-622-3056 Reservations Line

Reservations must be made before: Thursday, January 9, 2020

Room Rates are $180 per night plus tax

To book your room directly with the hotel via their website please visit: https://book.passkey.com/event/49974454/owner/24805/home

The hotel has reserved a number of rooms for the Essentials of Primary Care Psychiatry Conference, January 24-25, 2020. After these rooms are filled, reservations are accepted only if additional space is available and may be a higher cost.

Disclosure

All those in control of content will provide full disclosure information to participants prior to the activity.

Assembly Bill 1195

This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and cultural and linguistic competency, please visit CME website http://www.meded.uci.edu/CME/.
Course Chairs

Robert McCarron, DO, DFAPA, Professor and Vice Chair of Education and Integrated Care, Residency Program Director, Co-Director, UC Irvine/UC Davis Train New Trainers Primary Care Psychiatry Fellowship, Department of Psychiatry and Human Behavior, University of California, Irvine School of Medicine President, California Psychiatric Association

Shannon Suo, MD, Associate Professor, Co-Director, UCI/UCD Train New Trainers Primary Care Psychiatry Fellowship Program Director, UCD Family Medicine/Psychiatry Residency Training Program Department of Psychiatry and Behavioral Medicine, UC Davis School of Medicine

Guest Faculty

Jaesu Han, MD Clinical Professor UC Irvine, Department of Psychiatry and Human Behavior, TNT Faculty

Shawn Hersevoort, MD, Medical Director and Director Integrated Care, PCPA-Sacramento, CME Committee Chair and President-elect, CCPS, Education Committee Chair, California Psychiatric Association, TNT Faculty

Anju Hurria, MD Wellness Program Director, TNT Wellness Co-Director, Assistant Health Sciences Professor UC Irvine, TNT Faculty

John Onate, MD Associate Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine, TNT Faculty

Amir Ramezani, PhD, Neuropsychologist, Associate Clinical Professor, Director of Neuropsychology Health Psychology Training, UC Davis School of Medicine, TNT Faculty

Matt Reed, MD, MSPH, Director of Education, Train New Trainers Primary Care Psychiatry Fellowship

Lorin M. Scher, MD, Associate Professor, Director, Emergency Psychiatry, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine, TNT Faculty

Glen Xiong, MD, Assistant Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine, TNT Research Director
Conference Registration Form

Essentials of Primary Care Psychiatry
CME Conference
Newport Beach Marriott, Newport Beach, CA
January 24-25, 2020

To Register and pay for the Conference please visit:
http://www.calpsych.org/conferences

You are also welcome to mail in the form below via regular mail if you prefer to pay by check:

Name______________________________________________________________
Address________________________________________________________________
City/State/Zip________________________________________________________________
Phone______________________________________________________________________________
Email______________________________________________________________________________

__MD ___DO ___PhD ___PA ___NP ___RN ___Psychologist ___LCSW ___MFT
Other __________________________________________________________________________

Institution/Employer (as you would like it to appear on your badge)
____________________________________________________________________________

Registration Fees

Physician $395.00
Other Health-Care Professional $360.00

Please make checks payable to California Psychiatric Association or charge your credit card by calling CPA at 800-772-4271 or filling in the information needed below and return this form to:
California Psychiatric Association
921 11th Street, Suite 502
Sacramento, CA 95814
Phone: (916) 442-5196  800-772-4271  Fax: (916) 442-6515

Check Enclosed for Total Amount of $ ____________

Please Charge My: (circle one) VISA / MasterCard

Credit Card # __________________________________________________________Expiration Date: ________